

## “Guy Bowering Announces Sabbatical: A Time for Reflection and Renewal”

If you've ever attended Saturday night Mass at Blessed Seelos or participated in one of the many special events, you've undoubtedly experienced the musical talents of Guy Bowering. For the past seven years, Blessed Seelos has been his church family, while for over a decade, Guy has also served as the music director at the Episcopal Church of the Redeemer.

Recently, a sabbatical taken by the priest at the Church of Redeemer prompted Guy to reflect on the importance of rest, renewal and seeking God's guidance. Reaching a milestone in his life, Guy celebrated his 50<sup>th</sup> birthday this year, which led him to think deeply about the people and places he has longed to visit along the East coast. Some of these destinations include shrines, monasteries, and places of retreat-areas for spiritual reflection and growth.

This period of reflection inspired Guy to consider taking a sabbatical of his own. His request was graciously granted, allowing him to take up to six months for this personal and spiritual journey. During this time, he plans to travel, visiting close friends from Virginia to Massachusetts, while spending meaningful time in a monastery. There, he hopes to engage deeply in discernment and reflection, seeking guidance for the next steps in his faith journey.

In a humble request, Guy asks for prayers for his safety and for God's will to unfold in his life during this sabbatical. He intends to immerse himself in the daily prayers and rhythms of monastery life receive spiritual direction, and embrace the space he needs to think, reflect and deepen his connection to God.

He would like to express his heartfelt thanks to Father Daniel for his unwavering support, which made this sabbatical opportunity possible. Additionally, Guy is deeply grateful to Mary Beth and Bunny for their consistent love and encouragement over the years. He will also be seeking Father Steve's intercession as he embarks on this journey.

Guy also expresses sincere gratitude for the special collection organized in his honor and for the incredible generosity of all those involved.

In closing, Guy invites everyone to join him in prayer, offering up the sabbatical verse that has inspired him during this time of reflection:

### **Philippians 1:6**

*“Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.”*